



# We Measure Heart

Three female engineers started SweetWater Health six years ago with a mission to empower people to manage their health and wellness. We design SweetBeat HRV (heart rate variability) software and we're passionate about our software because it enables users to see into their nervous system. HRV is a holistic indicator of your energy level; more energy means better health and fitness. Measure your HRV and tap your energy source. Download SweetBeat HRV app at [www.beathealthy.com](http://www.beathealthy.com) and use the promo code ZoomSB10 for \$10 off the Zoom device at [www.zoomhrv.com](http://www.zoomhrv.com)

